



**PSHE**

*This pack explores two key areas of personal social health and education: Personal Wellbeing, and Economic Wellbeing and Financial Capability.*

It focuses on key concepts within those two areas:

- personal identity
- healthy lifestyles
- risk
- relationships
- diversity
- capability
- economic understanding

The pack uses elements of study such as:

- critical thinking and reflection
- decision making
- developing relationships and working with others
- self development

The elements of study are explored through individual and small group work, class discussion and reflection. It begins with a focus on image, working through self image and leading to the issue of homelessness, and our perceptions and pre-conceived ideas.

The pack is accompanied by a DVD of the film HUMANITAS. HUMANITAS is a short film following the plight of a homeless man. This unique addition to the pack makes homelessness a reality by using actors who are homeless and disadvantaged, enabling students to really connect with the subject.